COAW Resources for
Practice Readiness Tool Evaluation

1. We have clearly defined the need driving our Practice to consider implementing a self-management program.

   - "NCQA PCMH Overview"
   - "Self-Management and Self-Management Support in PCMH Recognition" Presentation

2. We have identified implementing a self-management program as an appropriate strategy to address our patients' needs.

   - "Empanelment and Self-Management Support" Presentation
   - One-pagers on CDSMP, DPP, falls prevention

3. Our Practice currently uses self-management support tools such as teaching of an in-house created curriculum, list of self-management classes, list of community resources, brochures, "Self-Management Tips" series , food logs, exercise logs, etc.

   - Food and Exercise Logs
   - Sample Community Resources List
   - Sample Brochures

4. Our Practice has the resources available to promote and recommend a self-management program.

   - Brochures
   - Exam Room Flyers
   - Presentations on "Messaging", "Making the Referral", "Goal Setting with a Patient"

5. Our Practice has experience connecting patients with community-based self-management classes.

   - Care Compact
   - Reports on Referral Rates, Enrollment Rates, Completer Rates per Practice and per Provider

This Form has been developed by the Consortium for Older Adult Wellness.
Please reference COAW in all reprints or revisions.

- Fidelity Overview

6. Our patients are actively referred to self-management programs, in the same way we refer patients to specialists or physical therapy.

- Sample EMR Referral Templates
- Sample Referral Log
- Centralized Referral System
- Our Practice workflow around self-management referrals currently includes front desk staff, Medical Assistants, and referral specialists in addition to clinicians.

7. "Training for Medical Assistants: Motivational interviewing Techniques".

- "Training for Medical Assistants: Goal Setting with Patients"
- Rapid Improvement Activities on Referrals to Community Resources and/or Workflow Planning for Referrals and Referral Tracking

8. Our administration has a high comfort level of comfort in explaining our need for self-management programs to your staff.

- All Staff Presentation on "PCMH and the Connection with Self-Management Support"

9. Our entire staff has a high comfort level in explaining self-management programs to our patients.

- All Staff Presentation on "PCMH , Patient Self-Management, and Practice Self-Management Support"

10. Our Practice routinely uses patient feedback from self-management programs to document goals and assess the patient's progress toward their health care plan.

- Sample Templates for Goal Setting
- "Questions for Goal Setting with Patients"

References

1. http://teamstepps.ahrq.gov/readiness/
2. http://www.cdc.gov/diabetes/prevention/pdf/standards_appendixa.pdf
3. http://www.improvingchroniccare.org/downloads/acic_v3.5a.pdf